



## What To Expect After a Tooth Colored Filling

During today's appointment you had a tooth colored filling or "composite" placed to repair a tooth that had a cavity, was fractured or had an old filling that had failed.

### Numbness/Anesthesia

1. You will be numb for 2-6 hours depending on your metabolism.
2. The application of heat can speed the numbness wearing off.
3. Be very careful what you eat while you are numb. It is easy to burn yourself on very hot food or bite your cheek or tongue.

### Your New Filling

1. Brush & floss your tooth as normal.
2. It is normal to experience sensitivity to temperature for several weeks with a new filling.
3. If your bite feels "high" or "heavy" on the filling please call so we may adjust it.
4. Tooth colored fillings last between 2-10 years depending on the size of the filling and your personal risk factors.

### Discomfort

1. You may have discomfort or even mild bruising where you received anesthetic.
2. Your tooth and the gum tissue around the area may be sore.
3. All discomfort should be gone in 48-72 hours; if discomfort is still present after this time, please contact us.

**Please call the office at 623-939-4777 if you have any questions or concerns**

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